

Preparation for Portraits

Slimming Colors and Ideas:

I am often asked what types of clothes to wear for portraits, so here some simple things that you can do when planning on taking pictures.

If you are interested in looking slimmer, wear darker colors. Good options are olives, gray, navy, darker brown, and solid colors. Also, remember that vertical lines are slimming, consider vertical pleats and avoid horizontal lines. If you want an instant flatter stomach, try pants with a flat front. Try and avoid drawstrings, pockets, zippers, or decorations, bulky pockets that draw attention to the waist area. Wearing heels will add height and are slimming on a full length portrait.

Avoid glasses, especially tinted glasses, whenever possible. They can often do strange things to reflecting light and facial lines. If you must wear them, try to pop the lenses out, or borrow a pair of frames. Tinted glasses are virtually impossible to work with, but non-glare glasses are often okay, and the newer style small frames seem to also work.

Group Portraits:

When getting family or friends together for a group portrait, try and choose clothing that will blend well together. Choose to wear all warm or all cool toned clothing or dark or light clothes. Try and pick clothes that will go well with whatever setting you will take be taking your picture in.

Before taking pictures together we will talk together and brainstorm various options for locations and activities. I believe that the best pictures are taken while doing the activities of life that you do as a family. This may be playing in the backyard, giving the kids a bath, baking cookies, or eating ice cream. Your life will be the best backdrop for photos of memories that will last a lifetime. I will not do much formal posing. I may make some suggestions here or there, but it will be your interactions as a family that will make your portraits so unique.